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<td>Submit Assignment #2 - Submit your one-page reflection paper</td>
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<td>Exercise 1:</td>
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<td>Assignment #5:</td>
<td>Submit internet search paper ........</td>
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<td>Submit Assignment #10 - Chart of Schedules</td>
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<td>Exercise 3:</td>
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<td>Submit Assignment #12 - Electronic Folder on Stimulants</td>
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<td>Submit Assignment #14 - Electronic Folder including Depressants</td>
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<td>Submit Assignment #16 - Electronic Folder including Hallucinogens</td>
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<td>Assignment #17:</td>
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<td>Exercise 2:</td>
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<td>Assignment #18:</td>
<td>Submit your three-page essay ........</td>
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<tr>
<td>Exercise 3:</td>
<td>RESEARCH AND POST ..................................</td>
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Session One

Learning Objectives for this Session

• To introduce the student to the content and purpose of this course
• To give the student an opportunity to become acquainted with the instructor and other students who are involved in this course
• To get a brief overview of drugs of abuse

Learning Projects for the Session

Exercise 1: Read
Please read the Syllabus and Instructor Profile.

Exercise 2: Submit
Read Chapter 1 (pages 1 – 17). Substance Abuse Counseling Theory and Practice. Answer the questions in your Study Guide for this chapter.
Submit answers to your instructor.

Submit Assignment #1 - Questions 1-10 of the Study Guide

Exercise 3: Post
For this week's Class Bulletin Board posting: Introduce yourself to the rest of the class. Be sure to include in your message:
• Your name.
• The ministry or agency with which you are affiliated.
• Your job title and duties (if applicable).
• How you found your way to the ministry or agency.
• A brief note about how you came to know Christ.
• What you hope to get out of this course.
• And, any other personal information you'd like to share.
• Finally, ask a question of the instructor about anything regarding urban ministry.
Exercise 4: Read, Write, Submit
Read the Section of the Study Guide titled, The Addictive Process in Chapter 1; then examine any addictions you have encountered (yours or others) and write a one-page reflection paper regarding the process of addiction seen in your experience.

Submit Assignment #2 - Submit your one-page reflection paper
Session Two

Learning Objectives for this Session

• Learn and understand the parts of the brain and brain function
• Understand the workings of neurons and neurotransmitters
• Introduction to the way chemicals affect brain functions

Learning Projects for the Session

Exercise 1: Submit
Read Chapter 2 (pages 33-39) *Substance Abuse Counseling, Theory and Practice*. Answer questions in the Study Guide for this chapter.
Submit answers to your instructor.

Submit Assignment #3 - Questions Chapter 2 of the Study Guide

Exercise 2: Read, Write, Submit
Write a descriptive paper containing a physical description of the brain, neurons and the functions of each. Include the process of message transmission.
Submit your answers to your instructor in two to three pages.

Submit Assignment #4 - Descriptive paper on brain function and neurons

Exercise 3: Post
Conduct an Internet search on the central nervous system.
Comment on the wonders of our “createdness” and our Creator.
Post your thoughts.
Respond to at least 2 other learners.
Session Three

Learning Objectives for this Session

• Learn the mechanism of psychoactive drugs that disrupt the thought process.
• Understand the concept of tolerance and withdrawal.
• Gain an understanding of metabolism and how lifestyle affects metabolism.

Learning Projects for the Session

Exercise 1  Read, Write, Submit
Read the section in the Study Guide on Tolerance.
Do an Internet search on agonist and antagonist drugs, answering the following questions:

• What is the difference between Agonist and Antagonist?
• What drugs are considered Agonist and Antagonist?
• How does this relate to addictions and why some people seem to be more addicted to some drugs over other drugs?

Write a five to six page paper with all the above information included and submit to your instructor.

Assignment #5: Submit internet search paper
Session Four

Learning Objectives for this Session

- Consider the cause of addiction.
- Examine seven theories of addiction.
- Learn to use the compulsion curve to evaluate a client’s risk for use or relapse.

Learning Projects for the Session

Exercise 1: Submit
Read Chapter 3 (pages 71-112) Substance Abuse Counseling, Theory and Practice. Answer the questions in your Study Guide for this chapter.
Submit answers to your instructor.
Submit Assignment #6 - Answers to Study Guide Chapter 3

Exercise 2: Post, Respond
Review the seven theories of addiction and determine which you believe to be the most accurate and effective way to view addictions. Post your thoughts and respond to the thoughts of at least two others.

Exercise 3: Read, Write, Submit
Interview two clients, and based on your assessment of them, determine their compulsion for drug use or risk of relapse. Write a two-page essay on your interview and findings.
Submit your essay to your instructor.
Submit Assignment #7 – Interview Essay
Exercise 4: Read, Write, Submit

After posting your opinion online and getting feedback from others, choose two of the theories of addiction and write a three-page comparison and contrast paper of the two theories.

Submit Assignment #8 - Comparison and Contrast Paper
Session Five

Learning Objectives for this Session:

- Develop an understanding of the five drug schedules.
- Understand how these schedules indicate the severity of abusing certain drugs.

Exercise 1: Submit
Submit answers to your instructor.

Submit Assignment #9 - Answers to Study Guide Questions

Exercise 2: Review, Post, Respond
http://en.wikipedia.org/wiki/Controlled_Substances_Act
Review the websites shown above and discuss your thoughts about what the government needs to do, if anything, to try and regulate drugs more effectively. Post your responses.
Respond to at least three other learners.

Exercise 3: Submit
Create a two-column chart indicating at least 25 substances, and their schedule. Submit your assignment to your instructor.

Submit Assignment # 10 – Chart of Schedules
Session Six

Learning Objectives for this Session:

- To develop an understanding of the chemical reactions of stimulants in the brain
- To identify which drugs are considered to be stimulants
- To understand the tolerance, withdrawal, origin and common names of each type of stimulant
- To develop a useful electronic folder to include stimulants that can provide an easy access resource on drugs of abuse

Exercise 1: Submit
Submit answers to your instructor.

Assignment #11: Submit answers to Study Guide

Exercise 2: Research, Post, Respond
Do an online Internet search to determine the frequency of “meth” labs in your county. Research the dangers of breaking down the labs. Discuss your results with at least six classmates.
Post your findings.

Exercise 3: Submit
After reading all the materials, create a folder titled Uppers: Stimulants. Have a separate listing for each drug that is considered to be a stimulant and include all facts on origin, tolerance, withdrawal, psychoactive effects, common names and any information from the session that you feel will assist you in understanding stimulants. This will be a helpful tool if you plan to take the Certified Addiction Professional Exam.
Submit your electronic folder to your instructor.

Submit Assignment #12 - Electronic Folder on Stimulants
Session Seven

Learning Objectives for this Session:

- To develop an understanding of the chemical reactions of Depressants in the brain
- To identify which drugs are considered to be Depressants
- To understand the tolerance, withdrawal, origin and common names of each type of Depressants
- To develop a useful electronic folder including depressants that can provide an easy access resource on drugs of abuse

Learning Projects for the Session

Exercise 1: Submit
Read pages 49 –54, 59-60 of Street Drugs and pages 40-50 in the text, Substance Abuse Counseling, Theory. Answer questions 1-53 in your Study Guide for the section titled Downers/Depressants. Submit answers to your instructor.

Assignment #13: Submit answers to Study Guide

Exercise 2: Post, Respond
Do an Internet search on benzodiazepines and answer the following questions:

- How many people in the United States are prescribed benzodiazepines?
- Determine the medical specialist who prescribes benzodiazepines most often besides a psychiatrist.
- What are the most commonly prescribed benzodiazepines?

Post your answers to the discussion board.
Respond to at least two other learners.
Exercise 3: Submit
After reading all the materials, add to your electronic folder a section titled “Downers: Depressants”. Have a separate listing for each drug that is considered to be a depressant and include all facts on origin, tolerance, withdrawal, psychoactive effects, common names and any information from the session that you feel will assist you in understanding depressants. This will be a helpful tool if you plan to take the Certified Addiction Professional Exam.
Submit your electronic folder to your instructor.

Submit Assignment #14 - Electronic Folder including Depressants
Session Eight

Learning Objectives for this Session:

• To identify which drugs are considered to be hallucinogens, club drugs or sports drugs
• To understand the tolerance, withdrawal, origin and common names of each type of hallucinogens, club drugs or sports drugs
• To develop a useful electronic folder including hallucinogens, club drugs or sports drugs that can provide an easy access resource on drugs of abuse

Learning Projects for the Session

Exercise 1: Submit
Submit answers to your instructor.

Assignment #15: Submit answers to Study Guide

Exercise 2: Do, Read and Post
Do an Internet search on steroid use in your county high schools. Post your findings on the discussion board and respond to at least two others.

Exercise 3: Submit
After reading all the materials, add to your electronic folder a section titled, “All-Arounders: Hallucinogens, Club Drugs, and Steroids.” Have a separate listing for each drug that is considered to be a depressant and include all facts on origin, tolerance, withdrawal, psychoactive effects, common names and any information from the session that you feel will assist you in understanding Hallucinogens, Club Drugs and Steroids. This will be a helpful tool if you plan to take the Certified Addiction Professional Exam.
Submit your electronic folder to your instructor.

Submit Assignment #16 - Electronic Folder including Hallucinogens
Session Nine
Learning Objectives for this Session

- To give a brief overview of treatment options
- To give a brief look at treatment planning
- To provide understanding of how the drug of choice affects both treatment settings and treatment planning

Learning Projects for the Session

Exercise 1: Submit
Read pages 151 - 178 of the text, Substance Abuse Counseling, Theory and Practice. Answer questions 1-5 in your Study Guide for the section labeled Phases of Drug Abuse Treatment. Submit answers to your instructor.

Assignment #17: Submit answers to Study Guide

Exercise 2: Read and Write
Read the case study on page 153 of the text. Write a three-page essay indicating what treatment options would be appropriate for Leigh. Based on your readings on treatment planning, what would you identify as the goals of her treatment? Submit essay to your instructor.

Assignment #18: Submit your three-page essay

Exercise 3: Research and Post
Do an Internet search for treatment facilities in your area. Identify at least one facility for each type of treatment setting identified in your text. Once you have a list of the resources, post on your discussion board and share your findings.