Course 418 – Syllabus

Sexual Issues in Addictions

Outline
- Addiction, Sin, and Building Block Behaviors
- Types of Sexual Addiction
- Characteristics of Sexual Addiction
- Sexual Offending
- Sexual Addiction and Unhealthy Family Dynamics
- Sex Addicts Coping with Abuse
- Interventions and Motivations for the Sex Addict
- Treatment Issues in Sexual Addiction

Course Description:
This course is designed as a holistic, Christ-centered introduction to a basic recognition, understanding, and response ability with clients who experience sexual addiction and its related issues of sexual abuse and sexual offending.

Overall Outcome:
After completing this course, students will have a basic ability to understand, work with, and implement interventions, boundaries, recovery support services and ministries for clients with sexual addiction issues.

Specified Outcomes:
The student will professionally, ethically and maturely serve clients, agencies and ministries with introductory, basic knowledge and skills of sexual addiction intervention, treatment, and recovery support services with the following abilities to:
1. Understand and articulate historic and holistic Christian viewpoints of sexual addiction.
2. Learn of the extent and depth of the sexual addiction epidemic from the latest statistics.
3. Define Sexual Addiction and illustrate the Cycle of Sexual Addiction.
4. List the false beliefs of sexual addicts.
5. Identify the building block behaviors and types of sexual addiction.
6. Outline the progression through the stages of sexual addiction.
7. List the characteristics, roles, and rules of a dysfunctional family system.
8. Detect, describe, implement care, and/or refer to treatment and recovery support options for the sexual addict and their families when appropriate.
9. Select, implement and summarize findings from the sexual addiction screening and assessment instruments into a narrative format.
10. Incorporate results of sexual addiction screenings and findings into a proper course of treatment / recovery support for individual clients.

11. Detect, describe, implement care, and/or refer to treatment and recovery support options for sex addicts who are also victims of child maltreatment: sexual, emotional, physical and neglect when appropriate.

12. Detect, describe, implement care and refer to treatment and recovery support options for sexual addicts who are also sexual offenders when appropriate.

13. Gain knowledge of therapeutic, legal, and supportive resources in their community to help clients achieve and maintain recovery.

14. Define and validate the need for a specific code of ethics appropriate for this delicate field of treatment, recovery support and ministry.

15. Understand and acknowledge one’s strengths and weaknesses in this special area of service.

Required Textbooks:

Laaser; Mark (1996; 2004) Healing the Wounds of Sexual Addiction; Grand Rapids, Michigan, Zondervan

Suggested Textbooks:

- Contrary to Love, Patrick Carnes, Hazelden Foundation
- The Final Freedom, Douglas Weiss, Discovery Press; Fort Worth, Texas
- In the Shadows of the Net, Patrick Carnes, David L. Delmonico, Elizabeth Griffin, Hazelden; Center City, Minnesota
- 101 Freedom Exercises, Douglas Weiss, Discovery Press; Fort Worth, Texas

Supplementary Materials:

- Fatal Addiction: Ted Bundy’s Final Interview with James Dobson; Focus on the Family (video)
- Ministering to the Sexually Addicted in the Church, Douglas Weiss, Discovery Press; Fort Worth, Texas (2 part video)

Instructor Profile

Fr. John is the Pastor of the Porch – an evangelical, sacramental and charismatic recovery church located in downtown Orlando, Florida. He is also a Certified Addictions Professional in the state of Florida. He has been in private practice as a pastoral counselor
and coach specializing in faith-based addiction services/ministry and recovery support and collaboration issues since 1990. Rev. Cox is the Vice President of the NET Training Institute, Orlando, Florida also serving with them as a faculty trainer and consultant. Training and collaboration highlights include the Faith Committee for the Orange County (Orlando, Florida) Coalition for a Drug Free Community; Clinical Director of the Teen Challenge Men’s Rehabilitation program in Sanford, Florida; Dunklin Memorial Camp; the Society of St. Dismas; Faith-Based organization/Community-based organization collaboration trainer with Florida’s Access to Recovery program and with the South Coast Addiction Technology Transfer Center; and Central Florida Helpline.

Raised in south Florida, Rev. Cox received his B.A. from Houghton College (NY) in 1978, and his M.A. in Religion from Westminster Theological Seminary, Philadelphia, Pa, in 1987. After completing the Dunklin Memorial Camp Regeneration Program (Okeechobee, Florida) for treatment for his own crack cocaine addiction, he remained on staff in that therapeutic community for two years. He graduating from their faith-based Servant Leaders Training School in 1989, prior to moving to Orlando in 1990. He pursued further training in addictions from the University of Miami (Fla.), completing them with the NET Institute, receiving a Diploma in Addictions Studies.

Rev. Cox was ordained as a Pastor in 1991 while helping to plant and co-pastor the Open Homes Fellowship church in Casselberry (Orlando), Florida, a recovery community built around their existing residential regeneration program for adult men and their families. In 1999 Rev. Cox was received into the Anglican priesthood as a part of a charismatic Episcopal communion. Rev. Cox has served as the Clinical Director of the Teen Challenge Men’s Rehabilitation Center in Sanford, Florida as well as a regular trainer in addictions for the Central Florida Helpline.

John, his wife Cathy, and their daughter and son reside in Winter Park, Florida.

Specific Course Requirements: Completion of all tasks as itemized in following three areas:

1. Assignments and Projects: Students shall complete all reading assignments and projects submitted as outlined in the Key Learning Guide and in the Sessions and Outline Guide.

2. Class Participation: Students are expected, by assignment in the Sessions and Outline Guide, to complete all interactions of all written postings and responses with one another and with the instructor. This will be done on this class’ dedicated internet discussion board.

3. Grading procedure and grading scale:

   A. Each student will take a pre-test and a post-test. Your certificate of completion is determined by your post-test score. Your score is determined as a percentage. The number of correct answers is divided by the total number of questions in the test. Each question is of equal value. Attempt to answer all questions. A passing grade is 70% or above. **Remember:** the pre-test score is not counted against you. Your certificate of completion is determined by your post-test score.
B. Completion of all reading assignments and projects submitted as outlined in the Key Learning Guide and in the Sessions and Outline Guide.