Course # 419  Syllabus

Family Issues and Recovery

Professor:  Dee Bissell

Outline:
Part 1: Substance Abuse Treatment and Family Therapy
  - Impact of substance abuse on families
  - Approaches to therapy
  - Integrated Models for treating family members
  - Specific Populations
  - Policy and program issues
Part 2: Codependency
  - Characteristics
  - Family of origin issues and dysfunction
  - Alcoholism
  - Recovery Strategies
  - God’s Healing Process
  - Psychodynamics of Personality Disorder
  - Temperament and Temperament Therapy
Part 3: Family Issues and Recovery
  - Development
  - Human Needs and Shame
  - Family Systems
  - Boundaries
  - Adult Children of Alcoholics/ Dysfunction
  - Family Recovery Process

Course Description:
This course presents family counseling issues from three perspectives: substance abuse treatment approaches; development of codependent behaviors and practical applications for addressing personal and program family issues. This course will overview the treatment of substance abuse using a systems approach that will compare and contrast individual therapy models and the Family Systems model. In part two there will be a comprehensive study of Codependent behaviors, including origins, characteristics and recovery strategies. And finally, the course wraps up with a practical view of issues and dynamics to bring focus and useful solutions for helping students to gain confidence and skills in helping to heal and restore families.
Overall Outcomes:

Students will have an enhanced understanding of Family Therapy and its value in the treatment of substance abuse.

Students will have the ability to recognize the characteristics and dynamics of Codependency in addiction and recovery along with strategies for healing and change.

Students will reflect personally and professionally on the issues that many families face in the journey to healthy recovery.

Specific Outcomes:

1) Evaluate the integration of Family Therapy in the treatment of substance abuse, as well as understand substance abuse and its impact on the family.

2) Develop insight into how personality and temperament may enhance codependent behavior.

3) Gain the ability to see into one’s personal family circumstances in a way that brings clarity, meaning and enhanced empathy when working with families.

TEXTBOOKS & DVD’s:


Supplementary Materials:

Spiritual Caregiving to Help Addicted Persons and Families: A handbook for use by Pastoral Counselors in Clergy Education, National Association for Children of Alcoholics Rockville, MD